

## TESTIMONIALS

"One of my struggling players went 4 for 4 in a scrimmage immediately after his analysis and instruction. Immediate results. That helped me to believe in the power of the technology."

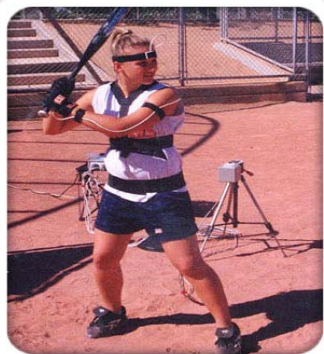
**Augie Garrido**  
University of Texas- Baseball

"This technology has been giving me the arsenal and helping me out with my hitters and pitchers picking up faults I cant see"

**Dan Kennedy**  
Northeast Director Perfect Game  
Head Coach Team Connecticut

"Our Motion Analysis lab takes 2 hours to complete what it takes 15 minutes to do with your motion testing. This is truly the best tool I have seen."

**Kevin Wilke**  
Director- Physical Therapy, American Sports  
Medicine Institute- Birmingham Alabama



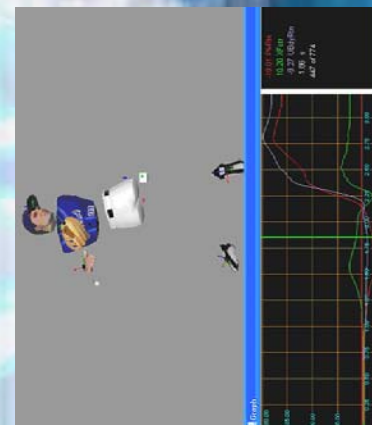
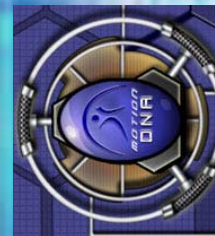
For More Information  
[www.athleticprecision.com](http://www.athleticprecision.com)  
609-712-2980

[Sportsmotiondna@optonline.net](mailto:Sportsmotiondna@optonline.net)  
123 Basin Rd. Hamilton NJ 08619

**Athletic Precision LLC**  
123 Basin Rd.  
Hamilton NJ 08619  
609-712-2980  
[www.athleticprecision.com/sportsmotiondna.shtml](http://www.athleticprecision.com/sportsmotiondna.shtml)



## BASEBALL / SOFTBALL SPORTS MOTION ANALYSIS



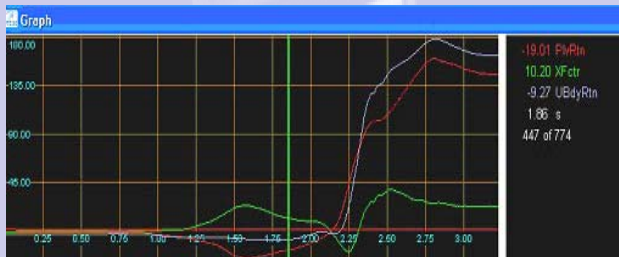
## What is Sports Motion Analysis

Sports motion analysis is state of the art technology where sports and advanced science are combined to make athletes better. Sports Motion analysis is recording ones motion with sensors on different parts of the body and having a computer analyze it to provide quantified data and computer generated motion. At Athletic Precision we can analyze a golf swing, baseball swing, baseball and softball pitch, vertical jump, squat, running mechanics, tennis strokes, quarterback throw and basketball jump shot.

The motion analysis that is done is by sensors not video. The technology we use can pick up the smallest details the human eye cannot. To put it in perspective the motion analysis that will be used on you can record 240 frames per second. The human eye only records 20 frames per second.

### Features for Motion Analysis

- Helps any coach as a diagnostic tool to better there players
- Record and evaluate dynamic posture while performing any sport-specific activity.
- Compare your model to the ideal or "perfect" motion
- View exact body posture, Body and Sports Implement Speeds in MPH. (plus rotational speeds) from any angle in "3D real time"
- Screen Capture of your motion is recorded to take home in video put on DVD or CD
- A Report is generated displaying both deficits and strengths of your motion.
- Easily identify the solutions for stress placed on any joint during activity for prevention of injury.



## Prices and Services

Service	Price
<b>Bat Speed Swing @ impact</b>	\$10
<b>Baseball/Softball Swing analysis 4 sensors</b>	45 min - 1 Hour session \$125*
<b>Baseball/Softball Pitch analysis 8 sensors</b>	45 min - 1 Hour session \$175*
<b>Additional Biofeedback Sessions 15 mins / 30 mins</b>	\$15 / \$25
<b>Custom Exercise programs based on results.</b>	Online Fitness Training Available
<b>Team Pricing Upon # players</b>	Call for Prices

### FREQUENT USERS OF ANALYSIS RECEIVE DISCOUNT (PACKAGES AVAILABLE)

\*included with full analysis a detailed 10-20 page report (\$50 value)  
(staff member goes over with you)  
\*included a CD of analysis in full motion (\$25 value)  
Exercise Recommendation sheet to help with biomechanical flaws



## Frequently Asked Questions

### Why should I consider Sports Motion Analysis?

Any athlete or coach wants to better themselves and prevent a decrease in injury. Here is a tools that was only available to professional athletes, now is available to you.

### What's the difference between 4 and 8 sensors?

8 sensors provide a more in-depth analysis, where 4 more body parts are measure versus the 4 sensor.

### How soon could an athlete get another analysis?

Basically the next day but we recommend at least 4 weeks between analysis.

### I have my analysis now what?

This analysis machine is a diagnostic tool for you, your coach and your fitness coach. After you receive a report you can get an optional workout programs through Athletic Precision that you can take to your own facility or coach. In addition you can work with Athletic Precision at their affiliated facility 3-2 count athletic training facility.

### Do I have to visit your home facility.?

NO The equipment is portable so we can visit you, but we also work out of a training facility.

### How young do you analyze?

For developmental reasons we recommend 12 and older?

## Staff and Affiliates

The staff that works with and for Athletic Precision Sports Motion Analysis department are licensed or certified professionals from many sports and science backgrounds. Included are physical therapists, athletic trainers, strength and conditioning coaches, exercise physiologist, biomechanists, baseball, softball and golf coaches.

In addition to the staff there are many other companies, people and affiliates that work closely as a professional network to help athletes of all kinds and where professionals can assist in one another knowing you will receive the best information when it comes to sports motion analysis, prevention of injury, and sports specific training. Some of the affiliates that have used the same software and equipment are listed below.

- United States Olympic Center
- Titleist Performance Institute
- American Sports-Medicine Institute
- Ola Grimsby Institute
- National Pitching Association
- 3M Technology